

		Autumn 1		Autumn 2		Spring 1	
Cambridge National Certificate in Sports Studies	Curriculum Goal	R051: Contemporary issues in sport LO1 Understand the issues which affect participation in sport	R052: Developing sports skills LO1 Understand skills, techniques and tactics in an individual performance	R051: Contemporary issues in sport LO2 Know the role of sport promoting values	R052: Developing sports skills LO2 Understand skills, techniques and tactics in a team performance	R051: Contemporary issues in sport LO3 Understand the importance of hosting major sporting events	R052: Developing sports skills LO3 Be able to officiate in sport
	Core knowledge	The different user groups who may participate in sport The possible barriers which affect participation in sport (with reference to the different user groups) The solutions to barriers which affect participation in sport The factors which can impact upon the popularity of sport in the UK	The key components of performance for an individual performer in a sporting activity	Values which can be promoted through sport The Olympic and Paralympic movement, Other initiatives and events which promote values through sport The importance of etiquette and sporting behaviour of both performers and spectators The use of performance-enhancing drugs in sport	The key components of performance for a team performer in a sporting activity	The features of major sporting events The potential benefits and drawbacks of cities/countries hosting major sporting events The links between potential benefits and drawbacks and legacy	How to apply rules and regulations relevant to the activity
	Transferable/Prior Knowledge	Knowledge of sportsmanship and reasons for observing sporting etiquette	Demonstrate an ability to use and apply a range of different methods and/or techniques	Demonstrating their understanding of the positive and negative effects media has on sport.	To provide assessment that encourages learners to put forward different ideas and/or explanations to support decisions they have made	Understanding of the outcome of hosting major sporting events, such as investment, commercial benefits and increased participation in sports	Using skills, techniques and tactics in selected sporting activities and in officiating in a selected sporting activity.
	Tier 3 vocabulary	economically disadvantaged disposable income targeted promotion spectatorship acceptability	components techniques strategies compositional creativity	tolerance Olympic creed performance-enhancing drugs ethical issues etiquette	awareness contribution performance tactics performer	regularity/scheduling investment infrastructure beneficiary legacy	regulations consistency accuracy positioning reference
	Ambitious Content	demonstrate detailed knowledge and thorough understanding of social factors that affect performance and	identify, plan and carry out a wide range of activities and exercises to prepare for, and recover from, sporting activities	recall a wide range of information regarding contemporary issues in sport	demonstrate a thorough understanding of methods and practices to improve their own and others' performance in sporting activities	demonstrate well-developed evaluative skills	use appropriate technical language and scientific terminology accurately

	participation in sporting activities					
	Spring 2		Summer 1		Summer 2	
Curriculum Goal	R051: Contemporary issues in sport LO4 Know about the role of national governing bodies in sport	R052: Developing sports skills LO4 Apply practice to improve in sporting activities	R051: Contemporary issues in sport LO1-4 Revision	R052: Developing sports skills LO1-4 Improve sporting ability in team and individual sport	R051: Contemporary issues in sport LO1-4 Revision	R052: Developing sports skills LO1-4 improve sporting ability in team and individual sport
Core knowledge	What national governing bodies in sport do	How to identify areas of improvement in their own performance in a sporting activity Types of skill and practice How to improve and measure improvement	Knowledge of learning outcome 1-4	Consolidation of learning outcomes 1-4	Knowledge of learning outcome 1-4	Consolidation of learning outcomes 1-4
Transferable/Prior Knowledge	Understanding of the economic, social and health benefits that the sports industry has on the UK required in unit R055	Evaluate and justify their decisions, choices and recommendations.	Combining prior knowledge from learning outcome 1-4 to recall and consolidate ready for external assessment	learners complete the learning for R051 before completing this unit as they will have been taught key knowledge, skills and understanding which can be applied and assessed in context further in this unit.	Combining prior knowledge from learning outcome 1-4 to recall and consolidate ready for external assessment	learners complete the learning for R051 before completing this unit as they will have been taught key knowledge, skills and understanding which can be applied and assessed in context further in this unit.
Tier 3 vocabulary	national governing bodies participation development initiatives merchandising	complex skill variable experienced altering monitoring	Repeating and recalling from learning outcome 1-4	Repeating and recalling from learning outcome 1-4	Repeating and recalling from learning outcome 1-4	Repeating and recalling from learning outcome 1-4
Ambitious Content	demonstrate thorough knowledge of current issues within sport	demonstrate an understanding of how to meet specific needs when developing and delivering different physical activity programmes	Ambitious content will be recalled from learning outcomes 1-4	Ambitious content will be recalled from learning outcomes 1-4	Ambitious content will be recalled from learning outcomes 1-4	Ambitious content will be recalled from learning outcomes 1-4