

# Personal Development Long Term Curriculum Plan



Health Education Relationships Education (ReE) and Relationships and Sex Education (RSE) Living in the Wider World

Year 11	<b>Future Proof</b>  Self-efficacy and Stress management.	<b>Resilient Self</b>  Revising their Bounce Forward Training Programme	<b>Next Steps</b> Unifrog Learning Plan Year 11  -post 16 choices -BTEC explained -T Levels/A Levels -Apprenticeships -Revision Techniques	We work with the following organisations to deliver our PD curriculum. All resources are carefully adapted and sequenced to meet the needs of our students. <ol style="list-style-type: none"> <li>1. The Healthy Minds Curriculum in association with <a href="#">Bounce Forward</a> (delivered by our accredited lead teacher).</li> <li>2. The <a href="#">PSHE Association</a>.</li> <li>3. The Home Office – example ‘<a href="#">Disrespect Nobody</a>’</li> <li>4. The <a href="#">Sex Education Forum</a>.</li> <li>5. <a href="#">WE Schools UK</a></li> <li>6. <a href="#">CEOP</a></li> <li>7. <a href="#">Barclaycard Life Skills</a></li> <li>8. <a href="#">Unifrog</a></li> <li>9. <a href="#">Sexions NHS</a></li> </ol>	
	<b>Ha1_e</b>	<b>R2a,b,d</b>	<b>Gatsby Benchmarks</b> 1,2,3,7,8		