

# SUTHERS INCLUSION NEWSLETTER

Term 2 – December 2024

## WELCOME

Welcome to the second Inclusion newsletter. It has been an extremely busy term, with family reviews, trips and our first Coffee & Chat of the year! We have booked in our next Coffee & Chat Evening, with further information in the newsletter.

We all hope that you have a good rest, and enjoy the festive period with your loved ones! See you in 2025!

If you would like to speak to us about any concerns or updates, either phone the school office or contact the relevant key adult or safeguarding year group link.



## COMMUNICATION:

Mr Buckberry	Assistant Headteacher / SENDCo Designated Teacher for Children in Care <a href="mailto:SENDCo@suthersschool.co.uk">SENDCo@suthersschool.co.uk</a>
Miss Bentley	Assistant SENDCo / DSL Access Arrangements / Referrals <a href="mailto:SENDCo@suthersschool.co.uk">SENDCo@suthersschool.co.uk</a>
Mrs Whitbread	HLTA / Art Teacher Y7 Key Person <a href="mailto:cwhitbread@suthersschool.co.uk">cwhitbread@suthersschool.co.uk</a>
Mr Morgan	Teaching Assistant / First Aider Y7 Key Person <a href="mailto:cmorgan@suthersschool.co.uk">cmorgan@suthersschool.co.uk</a>
Miss Laws	Teaching Assistant / First Aider Y8 & Y9 Key Person <a href="mailto:hlaws@suthersschool.co.uk">hlaws@suthersschool.co.uk</a>
Miss Waddington	Teaching Assistant / ASDAN Lead Y10 & Y11 Key Person <a href="mailto:lwaddington@suthersschool.co.uk">lwaddington@suthersschool.co.uk</a>

## SAFEGUARDING LINKS:

If you have any queries from a SEND / Inclusion perspective, please contact the key adult in the first instance, as outlined in our newsletter. Otherwise, please contact your child's form tutor in the first instance either via contacting the school office or emailing them directly.

If you have a safeguarding concern, please contact the relevant Year Link for Safeguarding:

Y7	Mr Buckberry
Y8	Mr Lynas
Y9	Miss Bentley
Y10	Miss Allen
Y11	Mrs Redmond

## COFFEE AND CHAT

Thank you to those who attended our rearranged Coffee & Chat session in November 2024 about Demand Avoidance – we had over 20 families attend and it was lovely to network!

We will be hosting our next event on **Wednesday 26<sup>th</sup> March 2025 (4.30pm – 5.30pm)**. This will have a focus on Interoception and Sensory Needs, and led again by Louise Whitehead from the Communication & Interaction Team, due to popular demand!

The Nottinghamshire Parent Carer Forum will also be in attendance, if you want to speak to them directly.



Together achieving better decisions and brighter futures for our families of children and young people with additional needs at The Suthers School.

## COFFEE AND CHAT

Are you a family member of a child or young person with SEND or additional needs?

Join us for a drink and some light refreshments, to learn more about the NPCF and The Suthers School.



The Suthers School,  
Cross Lane, Fernwood  
Newark, NG24 3NH

Join us and let your voice be heard about issues that concern you and your family!

## FAMILY SURVEY:

Your voice is important to us at Suthers, as we strive for our provision to become 'Transformational for All'. We would like to thank those who took the time to share your feedback. Key headline data from responses included:

- 85% of families believe the school provides good support for SEND.
- 87% of families believe the Inclusion Team are approachable.
- 90% of families know that they will be listened to and can address concerns.
- 80% of families believe that practice learning is appropriate.
- 80% of families use the website to access the Local Offer



## LOCAL OFFER

The Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

It includes advice about health, education and social care for:

- Children and young people from birth to 25 years old with SEND
- Parents and carers of children with SEND
- Providers of services for children and young people

<https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/localoffer.page?newdirectorychannel=9>

## THE VIRTUAL SCHOOL

The Nottinghamshire Virtual School and Nottingham City Virtual School are statutory local authority services whose role is to improve the education of children in, and previously in, care by supporting schools, carers, parents and social workers to help children and young people to have positive educational experiences.

<https://www.nottinghamshire.gov.uk/education/virtual-school/nottinghamshire-virtual-school>

<http://www.nottinghamcityvirtualschool.org.uk/support-and-guidance-3/>

## SUTHERS INCLUSION PADLET

Click on the link or scan the QR code to access our new Inclusion padlet! On the padlet, you will be able to download policies, key documents, information and resources for areas of needs including:

- Communication and Interaction
- Social and Emotional Health
- Sensory Processing
- Cognition and Learning
- Speech and Language Therapy

We will continue to update the padlet regularly. If there is anything you would like to see on the padlet, please contact a member of the Inclusion Team.

<https://padlet.com/sbuckberry/suthers-send-padlet-jb4pc8ahr32ivsb>



## INCLUSION FOCUS: ALLERGIES

An allergic reaction happens when a person comes into contact with something, such as a food, that their body thinks will be harmful for them. This doesn't happen to everybody, only someone with 'allergies. Being allergic to something can feel very scary. Someone with an allergy has to be careful about what they do and make sure they stay away from the thing/things that make them feel ill. This can make them feel different or left out. 5% to 7% of children and young people have a food allergy, so it's likely there are pupils in your child's class with a food allergy.

If your child has an allergy, you can support them to:

- Promoting hand washing to keep them clean.
- Help them to stay away from the things which make them ill.
- Ask them about their allergy and how it makes them feel.
- Promote your child not to share their lunch or snacks.
- Know what happens to someone when they have an allergic reaction and get help quickly if you see one happening.

Most allergies are caused by one of the 14 food allergens. In addition, venom (such as wasp and bee stings), medications, latex, animals and some vaccines can also cause serious allergic reactions.

Allergic reactions can vary in severity from mild and moderate, to severe and even life-threatening. Severe allergic reactions are called anaphylaxis and need to be treated as a medical emergency. To treat anaphylaxis, you need to give adrenaline immediately using an adrenaline auto-injector, e.g. an EpiPen. We have trained members of staff in school, who can support your child with this too.

If you think that your child may be displaying these traits, book an appointment to visit your GP, who will offer support and guidance with this. Once confirmed, inform the Inclusion Team as soon as possible so that they can determine next steps and put in place any support that your child may need at school. Monitor your child at home and keep in touch with us about progress so we can amend provisions or take further action, if needed.

The 14 Food Allergens			
			
			
			

