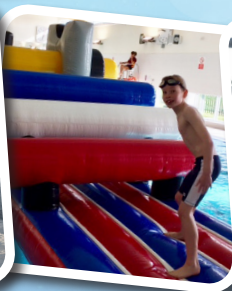




Newark Sports and Fitness Centre,  
Dukeries and Southwell Leisure Centre

# CHRISTMAS TIMETABLE

Monday 23<sup>rd</sup> December 2024 – Sunday 5<sup>th</sup> January 2025



**Includes 5 FREE activity sessions!**

Places limited so book now at  
[www.active4today.co.uk/leisurehub](http://www.active4today.co.uk/leisurehub)

You can pay at reception on the day, subject to availability

Telephone 01636 655780

Email [enquiries@active4today.co.uk](mailto:enquiries@active4today.co.uk)

# Newark Sports and Fitness Centre

## Swimming



### Main Pool

#### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

9:30am - 10:30am Fun Swim  
 10:30am - 11:30am Fun Swim (half pool)  
 1pm - 1:45pm Public Swim<sup>^</sup>

#### Tuesday 24<sup>th</sup> & 31<sup>st</sup> December

9:30am - 10:15am Public Swim  
 1pm - 1:45pm Public Swim<sup>^</sup>  
 2pm - 2:45pm Public Swim<sup>^</sup>

#### Thursday 2<sup>nd</sup> January

9:30am - 10:30am Kayaks/Floats  
 5:00pm - 5:45pm Fun Swim

#### Friday 27<sup>th</sup> December & 3<sup>rd</sup> January

10am - 10:45am Inflatable Swim\*  
 11am - 11:45am Inflatable Swim\*  
 12pm - 12:45pm Public Swim  
 2pm - 2:45pm Disability Swim\*\*

#### Saturday 28<sup>th</sup> December & 4<sup>th</sup> January

11am - 12:30pm Public Swim  
 2pm - 3pm Inflatable Swim\*  
 3:15pm - 4:15pm Public Swim

#### Sunday 29<sup>th</sup> December & 5<sup>th</sup> January

10:30am - 11:30am Public Swim  
 11:45am - 12:45pm Public Swim  
 2pm - 3pm Public Swim

\* Height restrictions apply, max 1.7m & able to swim 25m on their front. Max age 14yrs.

\*\*An open session for adults and juniors with disabilities.

<sup>^</sup> Partially laned off for private hire.

Public Swims have fun floats and rafts available.

Pool policy applies to all of our swim sessions

### Public swim prices:

Juniors £4.50 (without Active Card £5.50)

Adults £6 (without Active Card £7.50)

Concession £5 (without Active Card £6)

Inflatable Sessions £5.50 with an Active Card.

Public swimming is included in most memberships. Check website for details. Active Cards are free for new customers and available at reception.

### Teaching Pool

#### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

9:30am - 10:30am Public Swim  
 11:30am - 12:30pm Public Swim  
 1pm - 1:45pm Public Swim  
 7:15pm - 8pm Public Swim

#### Tuesday 24<sup>th</sup> & 31<sup>st</sup> December

12pm - 12:45pm Public Swim  
 1pm - 1:45pm Public Swim  
 2pm - 2:45pm Public Swim

#### Thursday 2<sup>nd</sup> January

9am - 9:45am Public Swim  
 10am - 10:45am Public Swim  
 1pm - 1:45pm Public Swim

#### Friday 27<sup>th</sup> December & 3<sup>rd</sup> January

10am - 10:45am Public Swim  
 11am - 11:45am Public Swim

12pm - 12:45pm Public Swim  
 2pm - 2:45pm Disability Swim\*\*  
 3pm - 3:45pm Public Swim  
 6:45pm - 7:30pm Public Swim

#### Saturday 28<sup>th</sup> December & 4<sup>th</sup> January

11am - 12:30pm Public Swim  
 2pm - 3pm Public Swim  
 3:15pm - 4:15pm Public Swim

#### Sunday 29<sup>th</sup> December & 5<sup>th</sup> January

9:15am - 10:15am Public Swim  
 10:30am - 11:30am Public Swim  
 11:45am - 12:45pm Public Swim  
 2pm - 3pm Public Swim  
 3:15pm - 4:15pm Public Swim

Public Swims have fun floats and rafts available.

# Newark Sports and Fitness Centre

## Swimming



### FREE Fun Swim Sessions!

#### Thursday 2<sup>nd</sup> January

10:45am - 11:45am & 2pm - 2:45pm

Come and make a splash in these free swim sessions! Places available in both the main and teaching pools.

**Book online through the app or Leisurehub. Subject to availability.**

### Fun Swimming Gala

#### Monday 23<sup>rd</sup> December

FREE for those attending Active4Today swimming programmes. There will be a visit from Santa and a small treat for those attending.

# Sports

### Sports Camp (8-13yrs)

#### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

9:30am - 1pm

**£7.50 per session**

Structured indoor sports giving children a great opportunity to try a variety of activities including access to the fitness suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time. Places must be booked in the child's name.



### Family Sport Session

#### Thursday 2<sup>nd</sup> January

12noon - 2pm

**£5.50 per family**

Come along for an afternoon of fun for all the family. Choose from badminton, short tennis, squash or table tennis. Maximum 5 people per booking.

# Dukeries Leisure Centre Swimming



## Swimming

### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

1pm - 2pm Family Fun Swim  
6:45pm - 7:30pm Public Swim

### Tuesday 31<sup>st</sup> December

10:45am - 11:45am Public Swim  
1pm - 2pm Splash

### Thursday 2<sup>nd</sup> January

10am - 11am Inflatable Swim  
1pm - 2pm Family Fun Swim  
2:30pm - 3:30pm Splash  
6:30pm - 7:15pm Family Fun Swim

### Friday 27<sup>th</sup> December & 3<sup>rd</sup> January

9:15am - 10:15am Public Swim  
1pm - 2pm Family Fun Swim  
6:45pm - 7:45pm Public Swim

### Saturday 28<sup>th</sup> December & 4<sup>th</sup> January

11:15am - 12:45pm Family Fun Swim  
3:15pm - 4:15pm Family Fun Swim

### Sunday 29<sup>th</sup> December & 5<sup>th</sup> January

10:30am - 11:30am Family Fun Swim  
2pm - 3pm Family Fun Swim

*Family Fun Swims have fun floats and rafts available  
Pool policy applies to all our swim sessions.*

## FREE SESSIONS!

Leave your kids with us while you finish your last minute Christmas preparation! Enjoy a free fun swim session or bring the family for a game of short tennis, badminton or table tennis

### Tuesday 24<sup>th</sup> December

10:45am - 11:45am FREE Fun Swim  
12noon - 1pm FREE Family Sport Session  
1pm - 2pm FREE Fun Swim

Book online through the app or Leisurehub. Subject to availability.

## Splash! (8-15yrs)

Tuesdays & Thursdays  
£5.50 per session (free to XP members)

An exciting session offering a mix of water activities including Snorkelling, Kayaking and Water Polo. Main pool. Must be able to swim 25m unaided.



# Dukeries Leisure Centre Sports



## Family Sport Session

### Tuesday 31<sup>st</sup> December

11am - 1pm  
£5.50 per family

Come along for an afternoon of fun for all the family. Choose from badminton, short tennis or table tennis. Maximum 5 people per booking.



# Southwell Leisure Centre Swimming



## Teaching Pool

### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

12:15pm - 1:15pm Public Swim  
3pm - 3:45pm Fun Swim  
7pm - 7:45pm Public Swim

### Tuesday 24<sup>th</sup> & 31<sup>st</sup> December

12:15pm - 1:15pm Fun Swim

### Thursday 2<sup>nd</sup> January

12:15pm - 1:15pm Public Swim  
1:30pm - 2:15pm Fun Swim

### Friday 27<sup>th</sup> December & 3<sup>rd</sup> January

12pm - 12:45pm Public Swim  
1:30pm - 2:15pm Fun Swim  
7pm - 8pm Public Swim

### Saturday 28<sup>th</sup> December & 4<sup>th</sup> January

2pm - 3pm Public Swim

### Sunday 29<sup>th</sup> December & 5<sup>th</sup> January

10:15am - 11:15am Public Swim  
11:15am - 12:15pm Public Swim  
2:15pm - 3:15pm Public Swim  
3:30pm - 4:30pm Public Swim

Public Swims have fun floats and rafts available. Fun swims will have even more added extras!



# Southwell Leisure Centre Sports



## Family Sport Session

### Monday 23<sup>rd</sup> & 30<sup>th</sup> December

12:30pm - 2:30pm  
£5.50 per family

Come along for an afternoon of fun for all the family. Choose from badminton, short tennis, squash or table tennis. Maximum 5 people per booking.



## Sports Camp (8-13yrs)

### Friday 27<sup>th</sup> December & 3<sup>rd</sup> January

9:15am - 12:45pm  
£7.50 per session

Structured sports giving children a great opportunity to try a variety of activities including access to the fitness suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time. Places must be booked in the child's name.



Xperience **ONE**  
Xperience **TWO**  
Xperience **Student**

Our Xperience courses include:

- Active Swimming Lessons
- Active Gymnastics
- Active Trampoline

Quality coaching at an affordable price!

All Xperience memberships include free public swimming sessions!

**For further information visit our website**

**[www.active4today.co.uk/memberships/juniormemberships](http://www.active4today.co.uk/memberships/juniormemberships)**

Xperience memberships  
**from £20** per month



## Bookings

Pre-book and pay for your activity online through [www.active4today.co.uk/leisurehub](http://www.active4today.co.uk/leisurehub) to guarantee a spot! You can also pay at reception on the day of the activity if spaces are available. Places must be booked in the child's name.

## Terms and Conditions

A parent/guardian may be required to complete an information form regarding contact details and code of conduct.

Photographs may be taken during activities to be used on our social media, please speak to a member of staff if you do not wish your child to have their photo taken.

Juniors must attend an induction with an adult/carer prior to using the fitness suite.

All activities must be paid for at the time of booking.

Bookings can be made online via Leisurehub or at reception.

Active4Today Ltd reserves the right to alter/withdraw activities at any time.

Pool policy applies to all our swim sessions.

**WE ARE CLOSED BANK HOLIDAYS**

An advertisement for Active Birthday Parties. It features a dark background with colorful bokeh lights. In the foreground, two children are wearing party hats and blowing confetti. The text is in white and yellow. The 'Active Leisure Sport Memberships' logo is in the top right corner.

**Active Birthday Parties**  
**Book Now!**

**From £4 per child**

- Splash Teaching pool parties
- Inflatable pool parties
- Bouncy Castle and Soft play
- Pool Pirates/Mermaids Parties
- Sports and Football parties

Parties available at  
Newark - Ollerton - Southwell  
Book online at:  
[www.active4today.co.uk/leisurehub](http://www.active4today.co.uk/leisurehub)

**[www.active4today.co.uk/leisurehub](http://www.active4today.co.uk/leisurehub)**

**[enquiries@active4today.co.uk](mailto:enquiries@active4today.co.uk)**

