



# The Bulletin

Your Weekly News Update from The Suthers School

## In Brief:

- ◆ **Our Word of the Week**  
was 'rhythm', one of the expert terms that students need to know in music.
- ◆ **Youth Summit @Boots**  
As a result of the social action some of our students have been involved in, The Suthers School is just one of 10 schools from across the county to have been invited to attend Dove's Youth Summit 2019 at Boots HQ later this month.
- ◆ **Calling all Art Enthusiasts**  
Don't forget, we are on the lookout for our first ever team of Art Ambassadors. Speak to Miss Leach for more info and find out how to apply.
- ◆ **Children in Need 2019**  
A massive thank you to everyone who supported 'Get your ears on' non-uniform day for Children in Need—we raised more than £150 as a result! Thank you!
- ◆ **Y9 Trip to World Skills Live**  
On Thursday 21 November, Year 9 will be travelling to the NEC in Birmingham for World Skills Live, the UK's biggest careers and apprenticeship event.

Follow us on Twitter @SuthersSchool

## MUSIC SHOWCASE FOR SUTHERS STUDENTS

At the end of last term, we were delighted to welcome the team from Nottingham Music Tuition (NMT) into school for an introduction to the extra-curricular and peripatetic music that will be on offer at The Suthers School from January. Introduced by our Head of Performing Arts, Mr Willson, the team from NMT showed off their talents in woodwind, string, brass, percussion and voice and gave our students an insight into just how versatile one instrument can be. All of those on stage were tutors and performed extracts from well-known theme tunes and chart-topping hits. They also showcased some classical pieces and shared personal anecdotes about their journeys into music and performance. It was great to see so many of our students so excited about taking part and perhaps taking up lessons for themselves. Nottingham Music Tuition is a partner of the Nottingham City Music Hub and is a well-established team of very experienced tutors. They are currently offering free taster sessions in school and will be offering very competitively-priced lessons from January. If you would like your child to take part in one or more of the free sessions, please return reply slips to Mr Willson as soon as possible.



Centre stage: members of the team from Notts Music Tuition giving our students a taste of what'll be on offer this year.

## SMART STEPS TO SAFER SOCIAL MEDIA



Digital-Life Balance: Download your free copy of 'Digital Parenting' to help keep your child safe online and learn how to help them make the most of what's out there—without losing sleep!

If used well, digital technology can be an amazing learning tool and give access to a world of exciting opportunities that can enhance family life but it can also be really tough as a busy parent to keep pace with the latest devices, apps and games and the way your child might be using them. That's why we're recommending this handy guide produced by Vodafone and available for free [here](#).

**75%**  
of children say their parents don't understand their online lives.

**90%**  
of 12- to 16-year-olds in the UK don't believe their parents follow their own rules on screen time.

**38%**  
of UK children aged 12-16 believe their parents let them use social media too young.