## The Bulletin

THE SUTHERS SCHOOL

Your Weekly News Update from The Suthers School

## In Brief:

- Our Word of the Week
   was 'petrichor' the earthly
   scent produced when rain
   falls on dry ground.
- ♦ Be Your Personal Best

  A big thank you to Richard

  Whitehead MBE who kickstarted our TORCH challenge
  day with a really inspiring
  talk about overcoming
  challenges to achieve
  success—no matter what!
- ♦ Smile, camera, action!

  We had a photographer in school this week to grab some shots of life at Suthers to be included in our 2020 prospectus!
- ♦ New Build Update Construction of our new school is progressing well and we are just in the process of finalising plans to get students on site for the first time since building started. Info to follow soon.
- ♦ Don't miss out! Book your tickets for 'Hairspray', our first ever stage production taking place at the Newark Academy Theatre on Thursday 23 May, 7pm. Tickets £5 and £3.

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## TORCH CHALLENGE DAY TRIUMPH

We were delighted to welcome double gold medal-winning Paralympian Richard Whitehead into school on Tuesday this week as part of our TORCH Challenge Day. Mr Whitehead spoke about the highs and lows of his experience on and off track and inspired students with his London 2012 triumph—a key example of how strong self-esteem and a 'can-do' attitude can really change someone's life chances. It was a great way to kick-start a day focused on our five key character strengths and on the value and importance of self-esteem. After hearing from Richard, students worked in groups to develop their own product designed to help younger children learn about and really strengthen their sense of self-worth. We were really impressed by the standard achieved (see pic below) and look forward to announcing the overall winner next week.





"Having an opportunity in life is important but what defines you is what you do with it"

Richard Whitehead MBE

## THE WORLD OF WORK AND BEYOND

Personal Development Day 4 took place on Thursday this week and was all about getting a taster of careers and future opportunities. From a day of discovery for Year 7 at Cadbury World to site visits and workshops for Year 8, it was great to see our students wowed by the world of work and the kinds of pathways open to them in some of the region's biggest and most well known employers. Science, technology, engineering and logistics were common themes but the work places were all very different—and meant that they walked away with some very different mementos. Thank you Mr Sykes-Wood for organising!







