



# The Bulletin

## Lockdown Edition [Issue 2]

**Congratulations to our form stars of the week who have been recognised for their TORCH values by their form tutors...**

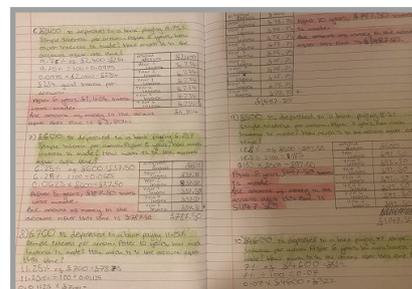
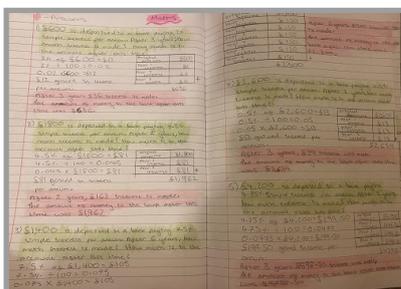
- 7EW: William W
- 7SC: Ronnie and Jamie-Leigh
- 7ZA: Ethan and Hannah
- 7CH: Izzy and Billy-Ray
- 8CL: Ben and Holly
- 8MW: Lochlan and Aleks
- 9EB: Lucy S, Lucy K and Ula
- 9RH: Phoebe and Kayla
- 10JS: Becky
- 10JU: Megan and Emily



## COULD YOU BE A TORCH CHAMPION?

Each week teachers are invited to nominate a TORCH champion from their subject, a student who has shown great character strengths in their learning.

This week our nomination comes from mathematics. Mr Ubhi has nominated Lois Argill, Year 10, for her tenacity and hard work in her learning recently. This is clearly shown in the photos of her work in her work featured here.



### FEATURE TEACHER

Mr Wiles is the Head of Design & Technology here at The Suthers School and as he can't meet you in person yet, here's a little information to start getting to know him...

**Teacher journey:** I undertook a Graduate Teacher programme to enter the teaching profession having finished university and have subsequently topped up with a PGCE qualification. My interest in teaching began when I tutored young offenders and school excluders for a charitable organisation. I enjoyed it so much that I decided on teaching as my chosen career path.

**Background:** I am originally from Luton. I went on to study Contemporary Furniture and Product Design at the University of Buckinghamshire. My first teaching role took me to Coventry, then Bedford and most recently to Perthshire in Scotland where I was a Head of DT in a Boarding School. I wanted to come back down to England so that I can spend more time with my family. The Suthers school presented me with a fantastic opportunity to build my subject from scratch, something I have always wanted to do since starting my career.

**Subject Specialisms:** I really enjoy 3D printing and CNC manufacture. The ability to programme machines from a drawing built up on the computer fascinates me, and the perfect quality final output gives a huge sense of reward on completion.

**Interesting fact:** I worked as a lifeguard for 4 years throughout University and Upper Sixth form.



### WHAT ARE YOU COOKING?

A recipe to try at home this week...

#### #PLANTPOWER

We're sticking with @alphafoodie on Instagram and her most recent plant-based breakfast. Can you create a video of your plant-based breakfast idea?

Send us your ideas.

### HOW ARE YOU FEELING?

A mindfulness activity to try...

#### MENTAL GAMES

Count down from 100 in 3s – 100, 97, 94, 91, 88, 85...

List of the members of your favorite sports team...

Think of an animal for every letter in the alphabet – A for antelope, B for bear, C for cat...

### WHAT IS YOUR CHALLENGE?

Be a BEDROCK CHAMPION!

Our top 5 Bedrock users for this week are...

1. Honey—Year 9
2. Emily—Year 8
3. Daniel S—Year 8
4. Paisley—Year 8
5. Eliza—Year 8



Remember you can complete two Bedrock lessons per day, try to make it to the leader board next week!

### WHAT ARE YOU READING?

This weeks reading recommendation...

#### Storm Boy, by Colin Thiele

This short novel is set in Australia between the Coorong and the sea. A young local boy called Storm Boy happily lives in a hut with his father called Hide-Away. Storm Boy loves the sea and he rescued and brought up three pelicans. Also he makes good friends with an Aboriginal man called Fingerbone, because they both like the natural environment.

I recommend this as a good read because it describes the relationship between humans and wildlife.  
By Paisley Kim (12 years old).



If you've read a great book recently please let Mrs Brown know and you could be featured here next week!